

ST. MARY OF THE VISITATION PARISH



16 Cooper Street,
Cambridge, Ontario N3C 2N2

519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor
dreizel@hamiltondiocese.com

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.
Mass for children in Kindergarten to Grade 2*

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting
Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-
658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St. Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by
completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process
of preparing your child and family for this
Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date
of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David and
Deacon Michael would be most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

EIGHTH SUNDAY IN ORDINARY TIME

Date	Time	Mass Intentions	Requested by
Tuesday, March 4	7:00 PM	Intentions of Jim & Donna Walker Intentions of Members of SSVP Intentions of Kristal Coelho	Catholic Women's League Erin Henderson Chris O'Neill
Wednesday, March 5 Ash Wednesday	8:00 AM 6:30 PM	+ Mary and Jim Haney Intentions of Ellen Doye	The Haney Family Chris O'Neill
Thursday, March 6	8:00 AM	Intentions of Anna Altomare	Ruth Ann Milne
Friday, March 7	8:00 AM	Pedro Tellez & Maria Helane Tellez	Angela Tellez
Saturday, March 8	5:00 PM	+ Laura Skinner + Maria Rosa and Joe Afonso + Monty Dsouza + David Coffey Intentions of Kristal Coelho	Paul & Cathy Strauss The Afonso Family Delsie Sequeira Hannah Nash & Brendan Baragwanath The Pedro Family
Sunday, March 9	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	

THE SEASON OF LENT



ASH WEDNESDAY: Mass with the distribution of ashes at **8:00 a.m. and 6:30 p.m.** on March 5. Our parish schools will have a liturgy of the Word with the distribution of ashes as well.

STATIONS OF THE CROSS at 7:00 p.m. every Friday, beginning March 7, followed by Adoration of the Blessed Sacrament until 8:00 p.m. and concluding with Benediction.

LENTEN DEVOTIONS AND PRAYERS: "*Behold the Lamb*", "*Lifted Up in Love*", and "*Repent and Believe*". Booklets available in the parish entrance. (\$2)

ADORATION OF THE BLESSED SACRAMENT: *Wondering what to do this Lent?* Why not spend a Holy Hour in our Eucharistic Adoration Chapel? As you plan your journey through this holy season of Lent, please consider dedicating a precious hour of your time to draw closer to Our Lord through Eucharistic Adoration. Come and sacrifice one hour a week to Our Lord in this season of repentance and renewal. Jesus is waiting for you in this Sacrament of Love. There are several time slots still available. Please call Frank or Sheila for more information (519) 658-9414

"Be still and know that I am God." (Psalm 46:10)

LENT
Pray + Fast + Give

MARCH BREAK: There will be no weekday Masses from March 11 thru March 14 while Fr. David is attending a retreat.

Office Hours: The parish office will be closed on Monday, March 10 and Friday, March 14.

THE KIDS BULLETIN: Visit <https://thekidsbulletin.com/> for a fun way for Catholic kids to learn about the Faith every week. A great resource for the season of Lent!



MONTHLY COLLECTION: Our collection this weekend was \$1,242.75 Thank you for your generosity! All donation receipts that were not picked up have been mailed.

NEW VOLUNTEER SCHEDULE: The new schedule begins Saturday, March 8. Please contact the office if you need access to our online scheduling program. *New volunteers are welcome!* Speak to Father David or contact the office.

PARISH OFFERINGS

February 22/23, 2025

Sunday Envelopes (143):	\$4,195.30
Loose Offerings	\$521.10

Your continued financial support is greatly appreciated.



CWL MEETING: All ladies of the Parish are welcome to attend our next meeting on **Tuesday, March 4th at 7:30 p.m.**

Rosary at 6:30 p.m. followed by Mass at 7 p.m. Bring a friend, join the League and see what you are compassionate about in our CWL!



WORLD DAY OF PRAYER 2025: This year the World Day of Prayer will be hosted here at **St. Mary of the Visitation Parish** on **Friday, March 7th at 1:30 pm.** Social and fellowship time following the prayer service. All are welcome. Envelopes will be provided for donations.

ST. AGNES EDUCATION CAFE: From homeless encampments, bullying, rising mental health cases & more, many today feel outcast & unloved. We are always called to love the sick, poor & suffering - even when it is easier to look the other way.

Sunday, March 2, 2-3:30pm at St. Agnes Parish, Waterloo. Guest speaker: Fr. Toby Collins, St. Mary's Parish, Founder of "Tiny Home Takeout".

www.saintagnescatholicchurch.org

OPENING THE HOLY DOOR: SPRING BOOK CLUB

The Office for Evangelization and Catechesis invites you to join us for a four-week virtual book club, exploring the new book by Joan Watson, "Opening the Holy Door." Tuesdays from 1:00 - 2:00 p.m. **March 18 - April 8, 2025.** Together we will reflect on the beautiful images of mercy and hope found on the Holy Door of St. Peter's Basilica in Rome, open to pilgrims and visitors throughout the Jubilee Year. Join us for this time of prayer and conversation, drawing into deeper fellowship during this Jubilee of Hope. To register and order the book, visit <https://hamiltondiocese.com/events/>

16TH ANNUAL DYNAMIC WOMEN OF FAITH CONFERENCE:

This conference will bring together Catholic women to share in hearing informative presentations and enjoy delicious food and fellowship with all those present! The event will be held on **Saturday, March 22, 2025** from 9:00am-4pm at the Old Mill (includes light lunch) in Toronto. For more information see Recharge Your Spirit at the Dynamic Women of Faith Conference 2025: <https://dynamicwomenfaith.com>



JUBILEE OF HOPE, 2025: The Diocese of Hamilton joins the celebration of the Global Church in this Ordinary Jubilee Year, 2025, as **"Pilgrims of Hope"**! We are all invited to journey through this year

drawing closer to God through prayer, service and experiences of renewal.

Six churches have been designated as pilgrimage sites across the Diocese, welcoming you as a visitor over the course of the Jubilee to come and pray.

Information and locations of the pilgrimage sites are available on the Diocesan Website

<https://hamiltondiocese.com/jubilee/>

LITURGICAL MINISTERS OF HOPE: During Lent this year, the Liturgy Office invites all Liturgical Ministers to gather for a Lenten retreat on the theme of Liturgical Ministers of Hope. Saturday, March 22, 2025, Basilica of Our Lady Immaculate, Guelph, ON, 10:00 a.m. to 12:30 p.m. or Saturday, March 29, 2025, St. Matthew Parish, Oakville, ON, 10:00 a.m. to 12:30 p.m. or Saturday, April 5, 2025, Annunciation of our Lord Parish, Hamilton, ON, 10:00 to 12:30 p.m. Visit the Hamilton Diocese website for details and registration.

LENTEN HEALING MISSION: St. Ambrose Parish will host a Lenten Healing Mission **from March 15 to 19, 2025.** It will be led by Father Bill Trusz and the St. Therese Healing Ministry Team. Father Bill will be preaching at our weekend Masses on the topic of healing. The weeknight Masses will begin at 7:00 pm and during each evening a different aspect of healing will be explored:

- Mon. March 17 – Healing from Helplessness
- Tues. March 18 – Healing from Trauma
- Wed. March 19 – Healing of Families

Wednesday evening will include Exposition and Procession of the Blessed Sacrament, Benediction, Teaching on Healing of Families, Holy Mass and individual healing prayers. The Sacrament of Reconciliation will be available Monday, Tuesday, and Wednesday, 10am-12 noon and 4pm-6:30 pm

VOCATIONS RECOGNITION DINNER 2025 The Serra Club of Hamilton invites you to gather on **Wednesday, April 30, 2025**, at Liuna Station in Hamilton to celebrate the service of our Priests, Religious Brothers and Sisters, Permanent Deacons, and Consecrated Virgins Living in the World. Doors open at 6:00 pm. Tickets are \$90 per person. To order tickets or for information, send an email to serrahamilton1965@gmail.com. You can pay for your ticket through e-transfer using the same email or you can also pay by credit card using the following link: <https://hamiltondiocese.com/events/>

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